

Benefits for Parkinson's - at a glance.

Let's keep it simple

Does Parkinson's make your activities slower or fiddlier, or might you need help to do things in a reasonable time, safely or to a reasonable standard? Do you stumble or need encouragement to do tasks. Do you experience anxiety and need support from others to engage socially?

Whether it's Parkinson's or another condition that affects your ability to do the normal day to day activities, you may be entitled to financial support.

There *are* allowances that are *NOT MEANS TESTED*, so it doesn't matter if you have an income from work, pensions or savings.

So, if you are new to the world of benefits, let's keep it simple and look at the essentials.

If under 65 or state pension age

You should look into **Personal Independent Payments (PIP)**

A face-to-face assessment is the norm when applying for this unless you are able to provide sufficient medical evidence that this is not needed.

You may be entitled to between £26.90 and £172.75 per week (correct as of April 2023). If the benefit is awarded before state pension age it will continue after state pension age is reached.

If you are unable to work or your ability to work is limited, you may also be entitled to Employment and Support Allowance or Universal Credit. Things get a little more complicated here so best to seek advice if you feel this may be appropriate for you.

To start application call 0345 850 3322 NOTE! claim starts day you call so will be backdated if successful!

If over 65 or over state pension age

You should look into **Attendance Allowance.**

No face-to-face assessment needed; it is a form filling exercise only.

You may be entitled to between £68.10 and £101.75 per week (correct as of April 2023).

To start an application call **0800 7310122** - NOTE! claim starts day you call so will be backdated if successful!

There is nothing to lose by applying, but do seek advice on how to complete the form from people like myself, Citizens Advice, Age UK, Parkinson's UK etc. You may be entitled to other benefits but these benefits are the best place to start.

Further information resources.

- www.gov.uk/browse/benefits
- www.ageuk.org.uk/
0800 678 1602
- Benefits calculator and advice at <https://www.turn2us.org.uk/>

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