

## Benefits for Parkinson's - at a glance.

### Let's keep it simple

Does Parkinson's make your activities slower or fiddlier, or might you need help to do things in a reasonable time, safely or to a reasonable standard? Do you stumble or need encouragement to do tasks. Do you experience anxiety and need support from others to engage socially?

Whether it's Parkinson's or another condition that affects your ability to do the normal day to day activities, you may be entitled to financial support.

**There *are* allowances that are *NOT MEANS TESTED*, so it doesn't matter if you have an income from work, pensions or savings.**

So, if you are new to the world of benefits, let's keep it simple and look at the essentials.

### If under 65 or state pension age

You should look into **Personal Independent Payments (PIP)**

A face-to-face assessment is the norm when applying for this unless you are able to provide sufficient medical evidence that this is not needed.

You may be entitled to between £28.70 and £75.75 per week for Mobility and between £72.65 and £108.55 for the daily living component (Correct as of April 2024)

If the benefit is awarded before state pension age it will continue after state pension age is reached.

If you are unable to work or your ability to work is limited, you may also be entitled to Employment and Support Allowance or Universal Credit. Things get a little more complicated here so best to seek advice if you feel this may be appropriate for you.

To start application call 0345 850 3322 NOTE! claim starts day you call so will be backdated if successful!

### If over 65 or over state pension age

You should look into **Attendance Allowance.**

No face-to-face assessment needed; it is a form filling exercise only.

You may be entitled to between £72.65 and £108.55 per week. (Correct as of April 2024)

To start an application call **0800 7310122** - NOTE! claim starts day you call so will be backdated if successful!

There is nothing to lose by applying, but do seek advice on how to complete the form from people like myself, Citizens Advice, Age UK, Parkinson's UK etc. You may be entitled to other benefits but these benefits are the best place to start.

### **Further information resources.**

- [www.gov.uk/browse/benefits](http://www.gov.uk/browse/benefits)
- [www.ageuk.org.uk/](http://www.ageuk.org.uk/)  
0800 678 1602
- Benefits calculator and advice at <https://www.turn2us.org.uk/>

Kevin Carter, Independent Parkinson's Advisor.

Email [face2face.parkinsons@gmail.com](mailto:face2face.parkinsons@gmail.com)

Tel: 07851 976 796

## Donate to support our work

We can only provide services to help people living with Parkinson's due to the generous donations we receive.

If you want to support our work or have used our services and feel that you benefited from them, please consider donating to us to help us continue our services.

Whilst some of our services are provided by volunteers, we have a small number of key personnel who deservedly need to be paid. We also have administration and general expenses like any organisation. We keep our overheads incredibly low and as a charitable body any surplus we have is retained within the organisation to improve future service provision.

- We are primarily funded through donations of the following 3 types:

Donations from continuous benefits funding which we have assisted in securing

We have managed a huge number of benefit applications for people living with Parkinson's and to date we have secured total annual funding of over £750,000 with the average benefit funding we achieve for people is approximately £5,300 per year.

This is the one area of our work which has a direct financial benefit to the people we help. However, the majority of our time is spent providing support in many other areas and does not generate income.

In order to help us to continue to provide the wide range of personal support services, we ask that when we successfully secure continuous benefit funding, the client makes a donation of just one month's worth of that funding. This can be in the form of a one-off donation or an equivalent sum donated monthly over the first year.

It is important to recognise that such donations are not only funding the assistance with a benefit application but they are funding our ability to continue to provide a wide range of personal support for all clients, as long as it is needed.

### **One-off or regular donations**

Donations can be made at any time, either as a one-off sum or a regular monthly donation. All of this funding has a huge impact on our ability to provide support to as many people as possible.

### **Legacy donations in wills**

One of the most positive ways that people can help is to leave a legacy to Face2Face Parkinson's in their will. This funding ensures that other people living with Parkinson's do not have to struggle alone. For information on how to go about this please request our Legacy Guide.

If you wish to make a donation, this can be by cheque made payable to Face2face Parkinson's C.I.C. to the address below or by bank transfer to: -

Starling Bank

Sort Code 60-83-71

account no: 82871800

You will of course receive a thank you letter and acknowledgement